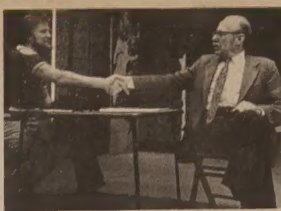


The Human Party:
Presidential candidacy
begins 17 years early

Page 1

El Cerrito
is the scene
of a famous
'Deathtrap'
• Page 3



Babies and books:
The love of reading
can begin in the cradle

Page 1

TIMES JOURNAL

Serving Albany - El Cerrito - Kensington - Thousand Oaks

VOLUME 4

ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, JANUARY 12, 1983

★ NO. 2

Getting old and young together

Cornell kids are learning about JOY

By ROBERTA ALEXANDER

ALBANY — Not many people over 60 ever cross the threshold of Helen Laird's kindergarten room at Cornell School. And a few members of the under-six generation visit the city's senior center.

It is just this kind of generational bridge that Project JOY (Joining Older and Younger) hopes to close. The project was approved by the Albany Unified School District last week.

Social worker Hilari Hauptman, the project's director, is seeking funding from the state Department of Education, and hopes to have the project underway by March.

"I'm going to assume there will be funding, and set up the first part of the program — the weekly visits — as soon as I can," Hauptman said.

Hauptman said that Project JOY will have four components: a curriculum on the process of aging; weekly visits to the senior center or a convalescent hospital; visits by older adults to the classroom; and a one-on-one penpal program.

Hauptman said the planned curriculum would include films — such as "Shopping Bag Lady" and "Aging Is" — as well as books and "empathy exercises." These include imagining the loss of different senses and practicing with a wheelchair and walker.



— Times Journal photo by Karen Preuss
Cornell School principal Jill Rosenquist

She does not see the program as an "extra" added on to existing curriculum, but rather as an integral part of a youngster's education. Possible classroom activities include creating a bulletin board, looking at role models of older adults on television, discussing health and writing stories.

"We will be emphasizing basic skills," she said. "The older adults we bring into the classroom will be working with children with learning disabilities as well as with other children."

The same point was made by Cornell School principal Jill Rosenquist. "I see this project as tied in with existing lesson plans," she said.

"Children in kindergarten study the community and the people in the community, so visiting older people is part of that."

Rosenquist went on to explain that various "language experiences," such as learning new vocabulary and creating stories, would follow the field trips.

Project JOY is not just for kindergartners, and a Cornell fifth grade class is also likely to participate, Rosenquist said. Those students would be able to write independent reports

(Continued on Page 2)

Pension fund: gloom & doom

Albany in 'far more trouble
than we ever imagined'

By JUDY POLUMBAUM

ALBANY — Citizens studying Albany's ailing pension system raised the spectre of municipal bankruptcy Monday as they urged the City Council to take decisive steps toward reforming the system.

It was the strongest warning to date of the problems that could lie ahead as pension funds shrink and obligations to present and future retirees from the Fire and Police Departments grow.

The most alarming statements Monday came from Pension Advisory Committee member James Cleveland, who told the council during a discussion session prior to the regular weekly council meeting: "We are in

far more serious trouble than we have ever imagined."

Cleveland said his own study indicates that even if the city relied totally on taxes to finance pension payments over the next 10 years while allowing pension fund assets to build up, the problem would continue to worsen.

According to Cleveland's calculations, the city would have to raise \$7.4 million in taxes over the 10 years to make payments to pensioners if it wanted to allow pension fund assets to grow through investment.

But during the same period, the pension system's "unfunded liability" — future pension obligations which the city lacks the funds to meet — would increase by about 150 percent.

(Continued on Page 2)

RUSD rules for the long-winded

By BARBARA ERICKSON

RICHMOND Unified School District board members, weary of long-spun speeches from the audience, have attempted to cure the problem with an official three-minute rule.

The panel unanimously adopted the new board meeting policy on Jan. 5. It limits speakers to three minutes on regular agenda items and five minutes on oral communications, a period at the end of the meeting when members of the audience can talk on non-agenda issues.

The vote came over the objections of Elaine Kowall, a parent of two handicapped children, who said the rule limits the constitutional right to free speech.

"You're telling us, the people who elect you...how long we can talk?" she said. "No way." Kowall threatened to take the issue to court.

The new board policies revive an unofficial but traditional practice. In the past the board limited speeches to three minutes and timed the speakers with a device like a traffic signal.

The device had red, yellow and green lights to indicate how much time had passed. George Blumenson, former public information officer, inherited the signal when he retired last summer.

The recent vote also sets a deadline of five working days preceding the board meeting for requests to place an item on the agenda. Requests must be made with written summaries.

Each school site will post the agendas on the Monday before the regular Wednesday meeting, according to the new policy, and the board will meet the first four Wednesdays of each month September through May, except for days when school is not in session.

High praise for Albany police

By JUDY POLUMBAUM

ALBANY — In a glowing letter to Albany's chief of police, a Berkeley police officer has commended three Albany policemen for their handling of a young man under the influence of a hallucinogenic drug.

Officer Charles Gibson, a relative of the 22-year-old who was arrested on New Year's Day, wrote that the Albany officers — Robert Christianson, Oren and Christopher Bushby — used "good judgement, compassion and the use of professional ethics" in the incident.

When threatened with a sledgehammer and angle iron, the three refused from drawing their weapons, instead using "voice, demeanor and tact to control the situation," Gibson's letter said.

After receiving copies of the letter, Albany's City Council last week decided to send its own congratulations. Mayor Ruth Ganong was to write the letter on the council's behalf.

The young man had come to his uncle's home in Albany while the family was gathered for Christmas dinner, and had acted aggressive and violent, Gibson said last week.

"I walked into this not knowing what the young man's problem was," the officer said.

Some drug had "totally changed his whole personality," Gibson said. "He had a semi-religious type view that he was coming to save the life of his ill uncle. He was not aware. He couldn't carry on a conversation for more than 15 seconds."

The uncle eventually called the Albany police station. Gibson continued to talk to the youth while the three responding officers tried to get into a position to restrain him.

At one point, Gibson said, the youth was standing on a roof with a sledgehammer in one hand and an angle iron in the other, threatening to hit or throw the objects at the officers below.

In Gibson's opinion, "They could have easily, morally and legally, shot this fellow."

The Berkeley officer said the young man ordinarily is law-abiding and peaceable, and described him as "the ideal all-American boy" who got good grades in school and was never a discipline problem.

After he was arrested, the youth told police he had ingested hallucinogenic mushrooms.

Later he was moved from his jail cell to Highland Hospital. He is still undergoing medical evaluation, according to Gibson.

Bookshelf

Start reading while they're in the cradle

"Bookshelf" is a new column featuring articles written by members of the staffs. This week's column is by Kathy Hill, children's librarian, who has been on loan to the Albany Public Library from the Pleasanton Library for the past three months.)

By KATHY HILL

If you still looking for a really worthwhile New Year's resolution? For parents and others who work with children, why not a habit of reading aloud to your children every day?

You might be the advice of Jim Trelease, the author of "The Read-Aloud Handbook," 1982, Penguin. Trelease is quick to point out that adults we get so caught up in teaching children how to read, forget to teach them to want to read. You won't find discussions of the joys or vowel sounds here. The book concerns itself only with the act of reading.

The author contends that one of the most effective ways to instill the habit of reading in children is to read to them on a regular basis. It's

not just the pre-school set that benefits from such exposure. Trelease cautions against the mistake of ceasing to read to children once they have learned to read for themselves. The important thing to keep in mind is to select books that are appropriate to your child's age.

More than half of "The Read-Aloud Handbook" is devoted to a useful guide to more than 300 sure-fire read-aloud books. Trelease's arguments for the value and importance of reading aloud are sound and his enthusiasm is nothing short of contagious.

Now you're convinced of the value and benefits and are firmly resolved to make reading aloud to your children a part of your daily routine. While "The Read-Aloud Handbook" is an excellent jumping off point, the Albany Library has a number of other fine titles to help you make your way in selecting books appropriate for the reading aloud.

"Babies Need Books," by Dorothy Butler (1980, Atheneum) is a wonderful guide, full of suggestions and ideas for sharing books with children

(Continued on Page 2)

Running for president in 2000

His platform: globally
conscious, humanitarian

By PATRICK KEEFFE

ALBANY — Dr. Larry Holden is worried about the future of the planet and the human race, but says there still is time to save them.

That's why he's beginning his campaign for the U.S. presidency early. He'll run in the year 2000.

Meanwhile, Holden has been traveling around the West, trying to drum up support for his fledgling Human Party. He wants his campaign to bring together groups that champion different conservationist, humanitarian and spiritual causes into a powerful constituency he hopes will prevent planetary pollution, international war and economic collapse.

Holden made a campaign stop in the Bay Area this week and stayed with friends in Albany while he set up interviews with regional media.

"The consciousness of the American people is not as broad as it should be," he said. "We need to look at the greed and fatalism within ourselves. We need a transformation of consciousness."

Holden says humanity has two choices. One is to annihilate totally

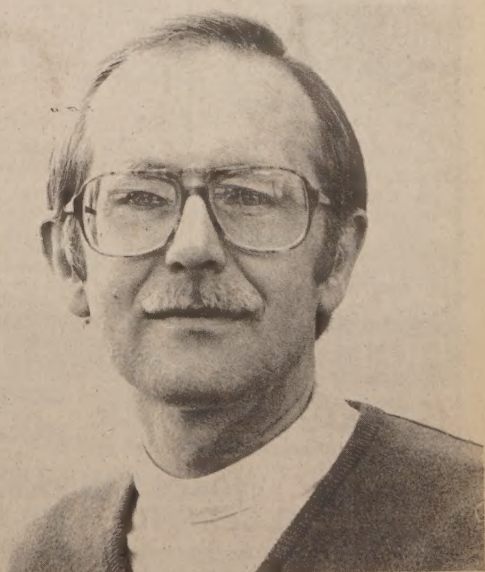
the planet through continued exploitation of its resources, pollution, economic chaos or nuclear war. The other choice, which he espouses, is to create a new global consciousness, foster stewardship of the earth, halt the arms race and elect people to government office who will work for "the best interests of the human race."

(President) Carter had a start on this process," he said. "He saw totalities and was a humanitarian, but special interest groups and partisan causes bisected it and rendered it ineffective."

"I'd like to create a climate which would allow us to back off from the arms race. I'd like to replace the whole government with a new mentality. You can't separate spirit from politics, and I don't mean just going to church. We have to get people into government who really care about people, from the heart. My vision is to get good, caring, humanitarian people into office."

"People will not come together until they give up the things that divide them. The politicians won't do this, so a whole new party needs to be created."

(Continued on Page 2)



— Times Journal photo by Karen Preuss

Dr. Larry Holden of the Human Party



Kurt Schweickhardt (left) and Louis Flynn rehearse at CCCT

Briefs

Higher fees for records announced

New increased fees for certified copies of vital records are in effect, according to the Alameda County Health Care Services Agency. This general fee increase for certified copies of vital records is the first since 1978.

The fee for a certified copy of birth certificate will rise from \$3 to \$8. A certified copy of marriage or death certificate will increase in cost from \$3 to \$4.

1981-1983 birth and death certificates and 1870-1919 birth and death certificates are available at the Office of Vital Registration, Health Care Services Agency, 499 5th Street, Oakland. All other Alameda County vital records are available from the Alameda County Recorder at 1225 Fallon Street, Oakland.

Help for back pain

KENSINGTON — A workshop to relieve back and neck pain will be given Thursdays at 5:30 p.m. beginning Jan. 13 at Kensington Recreation Center, 59 Arlington Ave.

It includes new methods to take control of pain through proper gentle exercise, breath work, bodily alignment, and relaxation techniques. Class is applicable to all age groups and levels of fitness.

"It will help people gain an understanding of back problems as well as learn ways to move pain free in day-to-day life," says instructor Susan Becker, M.A.

For information call Becker, 525-6134 or drop in Jan. 13.

School plans crab dinner

The annual crab feed to raise money for Salesian High School is set for Jan. 14 and 15 in the school gym, 2851 Salesian Avenue, Richmond.

On each night a social hour will get underway at 6:30 p.m. and dinner will begin at 8 p.m.

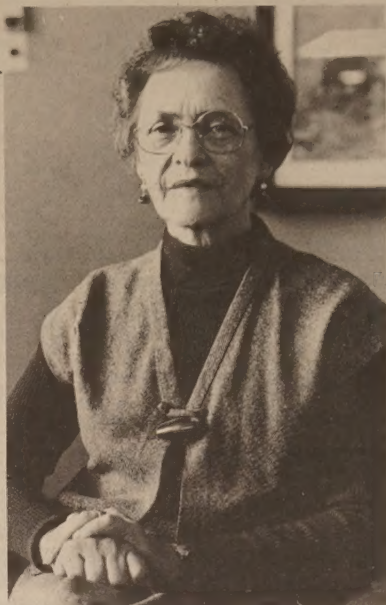
Tickets, at \$14 per person, are available by calling 234-4433 during school hours. For additional information call Linda McCuan at 223-1988 or Sandra Bauer at 222-2736.

Basketball for women

ALBANY — Women's basketball games are played Mondays, 8-9 p.m. at the Albany Community Center Gym.

Everyone is welcome. For information, call Barbara at 428-6563 (days).

Living alone



Newly widowed persons of all ages may attend a weekly series of discussions. Taught by Beulah Belling, the class covers the grieving process, options for a new life and decision-making. One class, sponsored by the Albany Adult School, will meet at Albany High School, 603 Key Route Blvd., on Tuesday evenings, 7 to 9 p.m. The other, at the Albany Senior Center, 846 Masonic Ave., meets Tuesday mornings, 10 a.m. to noon, starting Jan. 18.

Times Journal photo by Karen Preuss

CCCT slates premiere of Levin's 'Deathtrap'

EL CERRITO — Ira Levin's comedy chiller, "Deathtrap," makes its Bay Area premiere at the Contra Costa Civic Theatre, 8:30 p.m. Friday, Jan. 13, featuring a five-star cast.

It stars Louis Flynn, Theo Collins, Kurt Schweickhardt, Pat Parker and Louis Capeluto, all well known performers who have played starring roles in past CCCT productions.

El Cerrito's Flynn last starred in the CCCT production "Tribute" and has been executive director of CCCT for years. Collins, a Kensington resident, directed "Life on Father" for CCCT and was last seen in "The Time of Cuckoo." She also directs for the Masquers in Point Richmond. Richmond's Schweickhardt had his last leading role as Dan Packard in CCCT's "Dinner at Eight." He has

starred in many stage and television productions.

Pat Parker of Oakland was 'Mama Rose' in CCCT's "Gypsy." Capeluto of Richmond is a CCCT veteran and has appeared in many shows including "Harvey," "Orchid Sandwich" and "Guys and Dolls." He has directed and acted throughout the Bay Area.

Set design is the work of Matt Flynn. Kimberly Mayer is costumiere, Katherine Krieger is stage manager and Ann McDowell designed the complex lighting effects. Producer is Louis Flynn.

Curtain time is 8:30 p.m. Fridays and Saturdays through Feb. 26 only. Reservations: 524-9132. The theatre is located at the corner of Mooser Lane and Pomona Avenue, El Cerrito.

Schools

Albany board approves new MacGregor HS curriculum

By ROBERTA ALEXANDER

ALBANY — The Board of Education got the new year off to a good start by approving a course of study for MacGregor High School.

MacGregor, a continuation high school, opened its doors last year. Its student body consists of students who are having difficulty functioning in the regular high school environment.

MacGregor's curriculum, while less extensive than that offered at Albany High School, is compatible with it, and students may transfer between schools without loss of credit.

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These services are offered by CommonHealthCare, a nonprofit organization dedicated to helping people take charge of their health and to provide tools — testing, education and professional evaluation — to do so.

Most services are offered Thursday, Jan. 20 from 4-6 p.m. and every following third Thursday of the month at Montecito Avenue, Oakland, located off Grand Avenue near Harrison Street. Call 834-9022 for further information and an appointment.

In other business, the board discussed a new cooperative math workshop, run jointly by the high school and UC-Berkeley. Faculty member Uri Treisman and high school vice principal Bruce Jones put together the program.

Treisman is one of the founders of the university's Professional Development Program (PDP), which has been instrumental in raising the academic performance of talented minority and female students. Treisman and his associate Kalyn Culler have received a Ford Foundation grant to establish PDP workshops in a high school setting.

The pilot project will set up two high school math workshops: for students in Algebra I and IA who need extra help. The workshops will be led by university PDP students under the director of math department faculty.

Each tutorial will meet for two hours, three times each week, and will attempt to raise academic performance as well as the number of students taking advanced math classes.

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Albany, 1377 Solano Ave. • Richmond, 3634 Macdonald Ave.

Police beat

ALBANY
Albany police report the following incidents for the week ending January 9:
January 3
• A Madison Street resident reported the theft of a \$1,350 electric guitar from a downstairs room.
January 4
• Sloan Harrison, 29, of Oakland was arrested on charges of carrying a concealed and loaded firearm after an AC Transit bus driver informed police that he had observed a passenger with a gun.

• A Pinole resident reported the disappearance of all four hubcaps of a Lincoln Continental, a \$200 loss. The theft occurred while the car was parked at the Albany Bowl.
January 5
• A 13-year-old Albany boy who parked a motorbike outside Max's Liquors on San Pablo Avenue found the bike missing when he returned.
January 6
• A security guard at the Liquor Barn on San Pablo Avenue made a citizen's arrest of Horace Banks, 32, of Richmond after allegedly seeing

Banks shoplift a bottle.
• Two 15-year-old girls reported that a man had turned around and exposed himself to them while they were walking along Portland Avenue. The man was described as about 38, with glasses and a short beard and weighing some 200 pounds.
January 7
• A Ventura Avenue resident reported the burglary of a television, video cassette recorder and penny collection. A tv and video cassette recorder had been taken from the same home in November. The thieves this

time gained access by breaking a glass pane in the front door.
• A 15-year-old Albany girl reported that her \$74 black leather boots had been taken from her locker at Albany High School.
January 9
• Lompa Printing on Cleveland Avenue reported the burglary of a microwave oven and IBM typewriter worth a total of \$1,500. The prowler also had tried open a file cabinet and a safe.
• Albany police recorded 20 adult arrests during the week.

EL CERRITO
El Cerrito police report the following incidents for the week ending January 9:

January 3
• A clerk at Fox Photo on San Pablo Avenue handed over \$375 to a robber who approached the walkup window, pointed a revolver wrapped in newspaper at her and said, "Gimme money or I'm going to blast your head off."
January 4
• Jovett Jones, 27, of Berkeley was arrested on charges of taking \$35 worth of canned shrimp from Lucky's supermarket in El Cerrito Plaza.
January 7
• Fox Photo was held up again, with another clerk handing over \$105. The robber this time simulated a weapon in his pocket and told the clerk, "Give me the money and nobody gets hurt."

• A household in the 1400 block Arlington Boulevard reported burglary of \$3,600 worth of jewelry and camera equipment. The burglar gained entry by breaking a back window.
January 8
• The Mira Vista Country Club reported that vandals had torn up a large amount of green using pitch shovels or similar implements. The club estimated it would cost \$500 to restore the area.
• A Stockton Avenue resident reported the burglary of a \$500 television set, and a Pebble Beach resident reported burglary of an amounting to \$450.
• El Cerrito police recorded adult arrests for the week.

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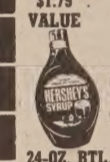
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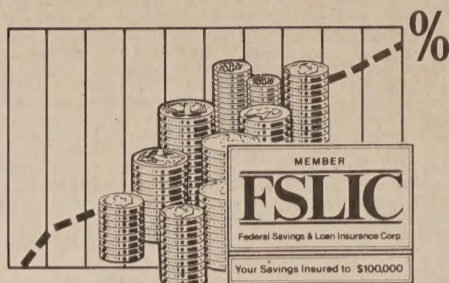
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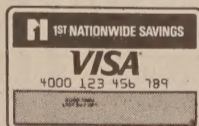
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Another view of electroshock

letter by Howard M. Shrylock published in the Dec. 19 Journal continues the debate over the use of Measure T in the recent Berkeley election which banned electroconvulsive therapy (ECT). These are arguments which I, and most psychiatrists, feel are

the fact that 39 percent of the voters rejected the measure, despite that the campaign, is impressive. The statement of the opponents out-weighs the proponents by 10 to 1. An example of their reasoning, since it is the value for "Yes" of many thousands of dollars worth of "free" on the BCA campaign literature which the "No" campaign could duplicate, given a very

much was made in the campaign of the so-called "hospital to which Mr. Shrylock also referred. It has not been a "sue" against Gladman in terms of an advertisement. Gladman is one of a group of hospital after the death of a young man of unrelated causes months after she rejected Gladman. It occurred while a patient at another hospital. The case is still in court, but a missed filing resulted in a judgement against Gladman that in no way prevents a finding of judgement was

Nukes must go

periodically I get to read letters to the newspapers by letters of 10 or thereabouts who are deeply

who are deeply concerned about an imminent nuclear holocaust. Their accounts are so convincing that they must be true. I am evaluating the accounts reported in the New York Times, The New Republic, and other learned periodicals. Precocious young-

these. They can have a common with wild-eyed, deeply interested contemplation at the Albany twisting dials and on the machines of space invaders on

I'm a fence straddler. I'm a foxhole digger. I'm all for a mutual defense (indeed, elimination of all nuclear weapons). I can't have that. I'm all for a nuclear second to none. I'm aware of any ac-

Happy New Year, Stephen Radkey Albany

LET'S TALK IT OVER with Odd E. Haugen

people outgrow their residences just as children outgrow clothing. As the size of family changes, the home comes too small for Mom and several active children. Two large for just Mom and Dad after the children moved away into homes of their own. The needs of the family change but the house is the same size.

Some people are reluctant to leave their homes and find suitable residences because they have increased their wealth. The tax laws require that no tax need be paid if the proceeds from a residence within one year of the sale are reinvested in a residence within one

us explain how you can use a home perfectly suited to your size and needs of your family without paying a tax on the sale of your present home. We stop in so we can "Talk it over" with you.

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do not have all the answers to mental illness, nor do the Mental Health Associations, nor does NAPA (Network Against Psychiatric Assault). Berkeley should be proof of the fact that an accepting, tolerant atmosphere does not erase mental illness. It is understandable that people in distress would look to the outside for reasons for that distress, and project their own anguish on to those in the role of the helper.

I do not question the value to some former mental patients of a group such as NAPA, to help provide a focus for their lives. I do protest their assumption that they should be able to decide what is permissible for treatment for other people. Mental illness is too costly and too painful to remove any options for help, for return to functioning and a better life.

Yours truly,
Eleanor M. Luce, M.D.
Albany

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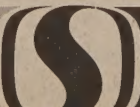
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SAFEWAY

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Churches

(Continued from Page 10)
 Lecture at 1:30 p.m. William Schulz of Boston will give the annual Margo Tyndall Lecture subject, "Toward an Understanding of the Granda." A discussion will follow.
 Lecture honors Dr. Morse Wilbur who for 45 years at the Haver Hall School for the Deaf in Berkeley, and wrote the standard volume "History of Deafness." For 50

years he and his wife were members of this church.
 At 9:30 a.m. Sunday there are three adult programs at the church. The Rev. Margo Tyndall is starting a course on Unitarian Universalist history. Dr. Bernard Loomer is leading a personal theology seminar. Attorney Fred Wile is leading the fireside forum discussion on "The Law of the Sea."
 On the weekend of Feb. 25, the church will host an "oasis retreat" led by two Zen Buddhists, Blanche

and Lou Hartman. The Hartmans are from the Zen Center in San Francisco. Her mother is a member of the Unitarian Church. The oasis includes four meals. To register send check for \$45 to First Unitarian Church, 1 Lawson Road, Kensington, CA 94707. Participants should bring their own sleeping bags.
Northbrae Community Church
 On Sunday, Jan. 16, at 11 a.m., the service will feature musical selections

by the Berkeley Symphony Orchestra. Nursery facilities are available on Sundays from 11 to 12:15 a.m. in Haver Hall. A social time follows the service.
 Church school classes begin at 11:20 for children age three through junior high. The senior choir will rehearse at 9 in the Chapel. Junior and primary choirs begin rehearsals at 10 a.m. The Church Council will convene in the parlor at 9:45 a.m.
 During January, the Ted Cleveland Gallery on the

second floor of Haver Hall features art from Northbrae's Sunday School with samples of summer projects as well as those done during the school year. The exhibit is open to the public on Sunday mornings.
 The community dinner programs resume on Wednesday, Jan. 19, and will feature "Mountains and Monasteries at the Roof of the World," a slide presentation including the Tibetan kingdoms of Bhutan and Ladakh. Doors open at 6; dinner begins at 6:30. Cost is \$3 for adults, \$1.50 for children. Call 526-3805 for reservations.
 Northbrae is located at 941 the Alameda. Services are held in the Chapel

directly behind Haver Hall. Everyone is welcome.
Thousand Oaks Baptist Church
 Dr. Paul Shen, pastor of the Evangelical Chinese Church of Seattle, Wash., will be the guest speaker at the 10:30 a.m. worship service on Sunday, Jan. 16. He is a well-known preacher among Chinese churches and worked with Dr. Andrew Gih, who founded the Evangelized China Fellowship, for many years.
 He is now the senior pastor of the Evangelical Chinese Church in Seattle. Dr. Shen is coming to the church to hold a preaching institute for Bay Area ministers, sponsored by the

Agape Christian Team, Jan. 12 - 14, from 9 to 2 each day.
 The choir, under the direction of Dora Burdick, will sing, "Awake, Awake to Love and Work" (Early American melody.) Following the service, there will be a potluck luncheon followed by the distribution of the church annual report for 1982 and the presentation of the "Projected Program for 1983." Dr. Shen will preach in English and his message will be translated into Mandarin.
 On Wednesday, Jan. 19, there will be a family fellowship potluck supper at the church. At 7 p.m. Dr. John Skoglund will speak on his impressions of Hong

Kong.
 Kid's Club for fourth through eighth graders meets at the church on Fridays from 3 to 5 p.m. for recreation, games, drama and refreshments under the direction of Cedric Broughton and Jim Kenyon. All young people are invited to attend. On Friday evening, Jan. 21, at 7:30 p.m. there will be a Family Film Night at the church.
 The church is located at the corner of Colusa, just north of Solano Avenue.

EAST BAY

Congregational Church

"Wonder-Making", based on John 2 will be the theme of the Rev. Bob Graham's message at the 11 a.m. service of worship this Sunday. Assisting will be Bob Young and Debra Smith who will share in the reading of the scriptures and the prayers. Russell Corning and Marion Kleser will be the deacons for the day. John Azer and Wally McMillan will be ushers.
 Following the worship service there will be potluck luncheon in the Fellowship Hall, followed by the annual meeting of the church with vice-moderator Paul Hieley.
 The adult bible study seminar will begin a new quarter this Sunday with Paul's First Letter to the Corinthians. The group meets in the Babcock Room at 9:30 a.m. with the minister and will have supplemental audio resource materials narrated by Dr. Addison Leitch from Gordon Conwell Seminary.
 The Women's Fellowship will install its 1983 officers at the regular monthly meeting this Thursday at 11 a.m. under the leadership of president Emily Gavey. A dessert lunch will follow the installation then there will be a program of sharing poems, anecdotes, and other features.
 The youth fellowship meets in the gym of the church for recreation and fellowship plus refreshments each Saturday at 7:30 p.m. All young people of junior and senior high school age are invited. The church is located at the corner of Cedar and Walnut streets in north Berkeley. For more information, call 848-1201 or 527-3134 (evenings)

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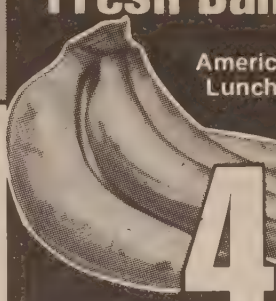
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ALBANY — The Albany YMCA now offers nighttime aerobic dance-exercise classes Monday and Thursday noon - 1 p.m.
 There are also openings for new students in classes on Monday, Wednesday and Friday, 9:30 - 10:30 a.m.
 The classes consist of 15 minutes warm-up to prevent injuries and to stretch muscles. The next 30 minutes consist of continuous aerobic dance routines to music to control weight, with periodic pulse checks. The last 15 minutes are floor routines to cool down, strengthen and tone muscles.
 For more information, call the YMCA at 525-1130.

Assertiveness training set

On Thursday, Jan. 6, the College of Alameda's Displaced Homemaker Center is presenting a workshop entitled "Assertiveness Communication" given by Bea Enright.
 It's designed for anyone who would like to examine and improve effectiveness in working and communication with others.
 The workshop will be held from 1 - 4 p.m. in the Displaced Homemaker Center Lounge of the library. For further information, call 522-7221, ext. 340.

Tryouts for 'Music Man'

EL CERRITO — The Contra Costa Civic Theatre will hold tryouts for Meredith Wilson's "Music Man" on Sunday, Jan. 16, at 1 p.m. and on Monday, Jan. 17, at 7 p.m. Youngsters will audition on Sunday only.
 The part of Professor Harold Hill has been pre-cast. All other parts are open. The musical, directed by Holly Below and Louis Flynn, will open Friday, Apr. 1, for a 10-week-end run through June 4. For information, call 235-0785.

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